



Lighting the Way Spiritual Education

2024 Spiritual Education Class Catalog & Schedule

January 7, 2024



Scottsdale Center for Spiritual Living provides certificated spiritual education classes providing students a path to greater understanding of life, themselves and our fellow human beings. The purpose of a certificated course is to provide individuals with a clear understanding and practical application of Science of Mind principles. These courses are designed to assist students to explore spirituality and their personal beliefs as they expand in their awareness of God and God's place in their lives.

In addition to personal spiritual growth and greater understanding of Universal spiritual laws in which we live, these classes are also prerequisites for entering the next realm of study to become a licensed Religious Science Practitioner (RScP).

Enclosed you will find the schedule and summary of classes for the new year to assist you in planning your continuing education and unfolding spiritual journey.

There is also a tuition guide for financial planning purposes. This year, each class is offered at a rate of \$20.00 per class week plus \$45 per class registration fee that goes to Centers for Spiritual Living, Golden Colorado. This fee covers a stipend for the curriculum writing and for administration of class records. The local class fee is split between the class facilitator and Scottsdale CSL. Love offerings in addition to tuition are always welcome.



Class Schedule Revised March 2, 2024:

Scottsdale CSL Education Calendar													
Weeks	2024	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
10	Roots of SOM	1/25	3/28										
8	Art & Science of SMT				4/11	5/30							
8	Self Mastery					6/20	8/15						
8	Spiritual Economics							8/29	10/24				
Begins January 2025		Advanced Consciousness Registration						15-Aug Registration		1-Nov			
(Practitioner I)		also, anyone who has had 3 classes & does not intend to move to Practitioner II Studies											

Unless otherwise published, classes will be taught on Thursday evenings from 6:00 – 8:30 at the Center. Zoom login will be available for out of town students.

Each class includes an electronic workbook.

Most classes require supplemental reading in addition to the workbook.

We take from life what we put into it.



Centers for Spiritual Living
SPIRITUAL DEVELOPMENT EDUCATION



EXPLORATORY COURSES

Explore spiritual concepts, beliefs, principles and practices—for newcomers, congregants and spiritual seekers.



ESSENTIAL COURSES

Understand and apply foundational Science of Mind philosophy, principles and practices—including all of the basic concepts.



CORE COURSES

Apply and analyze CSL Principles and Practices in everyday life to support personal growth and community transformation.



MASTERY COURSES

Analyze, evaluate and study for a deeper experience, leadership, and expansion of the teaching in the community and the world.



Path to Practitioner

A student may either pursue a certificated course of study in preparation to become a Professional Practitioner or Minister in Centers for Spiritual Living (CSL) or take any certificated course for personal growth and understanding. Regardless of the purpose in taking a course, all students who successfully complete a certificated education course must be registered with the CSL Spiritual Development education department.

The Professional Practitioner Studies Program is offered in two courses, **Advanced Consciousness Studies** and **Professional Practitioner Studies**. In order to be eligible for entry into the Professional Practitioner Studies Program, the student must have completed and have had registered all required courses, a minimum of 6, plus have successfully completed the Advanced Consciousness Course within three years of starting Professional Practitioner Studies. The required courses are summarized below.

At the start of the Advanced Consciousness Studies and also the Professional Practitioner Studies Course, the Practitioner Education Fee is collected between August 15 and November 1 each year. Registration utilizes the Online Practitioner Registration Process. Visit the Education Resources section of the Our Community website for more information.

At the end of the Professional Practitioner course, students who intend to be licensed as Practitioners with Centers for Spiritual Living are required to complete and pass the Professional Practitioner Education Exam. This exam will test the students' knowledge of all course material from the foundational level through Professional Practitioner Studies/Practitioner II. The annual testing period is April 15th through June 15th.

Students who do not intend to license as Practitioner with Centers for Spiritual Living are not required to complete the exam. Students may elect not to complete the exam but can still receive credit for the Professional Practitioner Studies/Practitioner II course, should all other course requirements be met. Should



a student who previously elected not to complete the exam choose to license in the future, a current passing grade for the exam is required. Please note that the grade for the Professional Practitioner Exam is valid for one year after completion. After this time the student will be required to retake the exam if applying for licensure as a Practitioner.

CERTIFICATED COURSE REQUIREMENTS FOR ENTRY INTO PROFESSIONAL PRACTITIONER STUDIES (Practitioner II)

6 Required Courses plus completion of Advanced Consciousness Studies/Practitioner I

I. FOUNDATION LEVEL COURSEWORK

Choose One:

- Beyond Limits
- Change Your Thinking Change Your Life
- Foundations of the Science of Mind
- Spiritual Principles and Practices

II. ERNEST HOLMES PHILOSOPHY

- The Essential Ernest Holmes

III. HISTORY/PHILOSOPHY COURSEWORK

Choose One:

- Exploring the Roots of Science of Mind
- From Whence We Came

IV. CONSCIOUSNESS

Choose Three [Optional: Choose two and then one from the Electives category]

- Building a Healing Consciousness

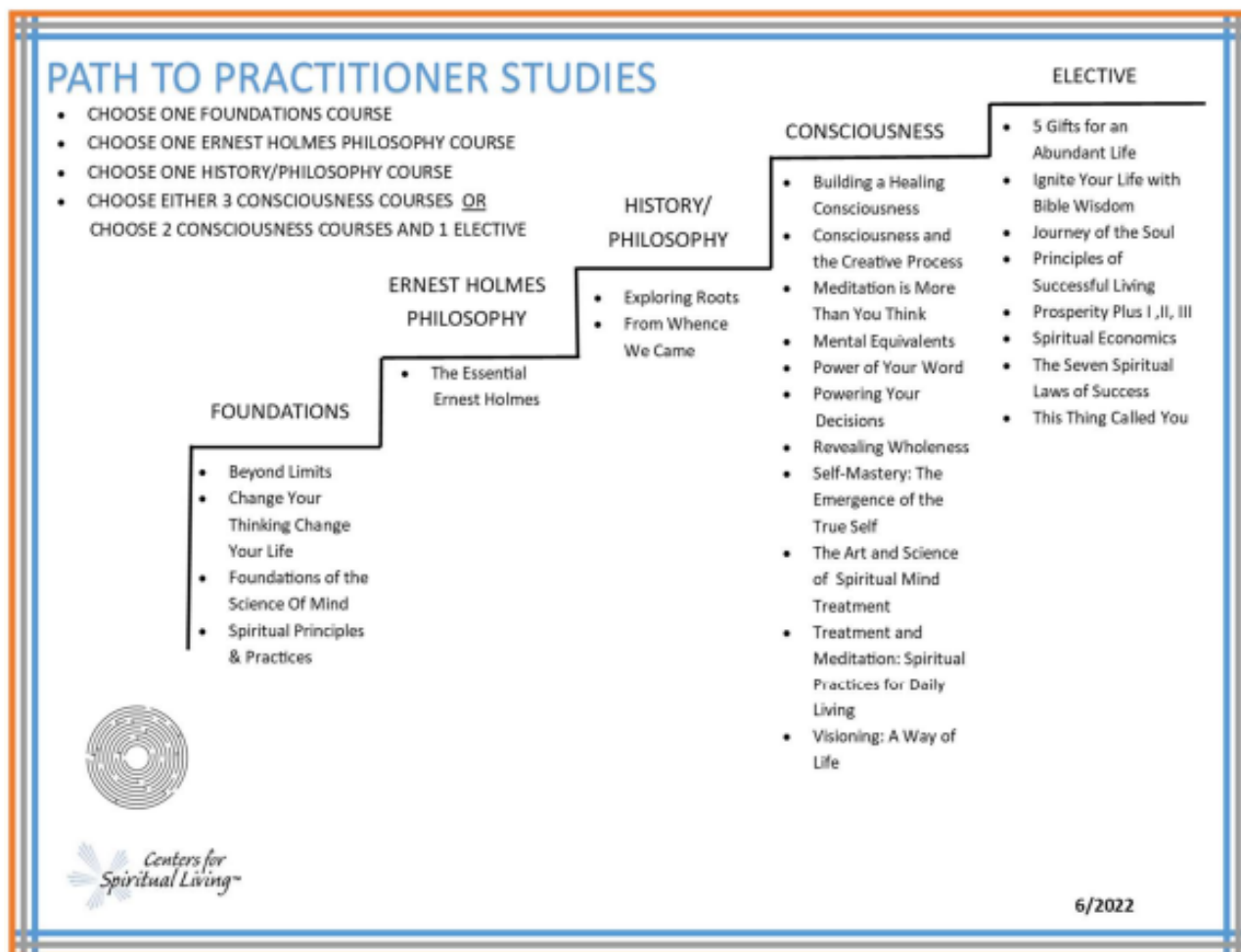


- Consciousness and The Creative Process
- Meditation is More Than You Think
- Mental Equivalents
- Power of Your Word
- Powering Your Decisions
- Revealing Wholeness (Spirit, Mind, Body)
- Self-Mastery: The Emergence of the True Self
- The Art and Science of Spiritual Mind Treatment
- Treatment and Meditation: Spiritual Practices for Daily Living
- Visioning: A Way of Life

V. ELECTIVES

[May choose one in place of a Consciousness class]

- 5 Gifts for an Abundant Life
- Ignite Your Life with Bible Wisdom
- Journey of the Soul
- Principles of Successful Living
- Prosperity Plus I, II, III
- Spiritual Economics
- The Seven Spiritual Laws of Success
- This Thing Called You





Roots of the Science of Mind

The roots of Science of Mind run deep and wide, through the religions, philosophies, literature, legends, and science of humankind. They are Universal Truths, Universal Principles, which were encountered, recognized, synthesized, and structured into “a philosophy, a faith, a way of life,” and called the Science of Mind by an ardent young spiritual explorer named Ernest Holmes. A persistent questioner and rejecter of the accepted religious teachings of his day and culture, Ernest as a small boy was nicknamed “the eternal question box.”

At the age of 18, he foreswore formal education forever, went to work in a Boston grocery store, and became a “student of life.” Soon, he was to make what was probably the most significant discovery of his long quest – he happened to pick up a volume of Emerson’s Essays. A spark leaped into a flame. His brother Fenwicke later wrote, “It was at that moment that life really began for Ernest Holmes.” He had entered upon the spiritual exploration that was to fill the remainder of his life. As time went on, he would encounter two other metaphysical writers who would greatly influence his thinking – Thomas Troward and Emma Curtis Hopkins.

These are the particular Science of Mind roots which we propose to explore in the coming weeks – the writings of three giants in the early New Thought Movement. We will study them in the sequence by which they impacted the life and work of the young Ernest Holmes: Ralph Waldo Emerson, the distinguished New England philosopher and essayist; Thomas Troward, an eminent British jurist and metaphysician; and Emma Curtis Hopkins, a greatly respected American teacher and mystic, often called the “teacher of teachers.”

These three writers came from very different backgrounds, and their styles of expression were as diverse as those backgrounds. But there were points of similarity. All had received formal higher educations, as contrasted with Ernest Holmes, who was, for the most part, self-taught. All were ingenious and creative people, who expressed their opinions strongly and convincingly. Just as they honored their own independent ideas, so must we honor ours as we read their



writings. Keeping an open, receptive attitude to their ideas and comparing them carefully with Holmes' concepts, we can determine those with which we naturally "resonate" and those with which we innately disagree.

In their different approaches to "Mental Science," these writers might be said to reflect the normal learning process. Usually, an idea is first grasped intellectually, and Dr. Troward comes from this position. Emerson, the philosopher, presents intellectual concepts but warms them with his memorable words and passionate conviction, making them personal. Mrs. Hopkins elevates the concepts to the mystical realm. However, since nothing in human parameters is ever completely "pure," don't miss the rational, philosophical, and mystical undertones that occur in all their writings.

Our purpose in this course is twofold: First, to bring into sharper focus our grasp of Science of Mind fundamentals by exploring the soil in which Holmes' ideas took root; and second, to savor with pure enjoyment the richness of the rational, philosophical, and mystical concepts contributed by our three great writers.

Class books: \$39.00 + Science of Mind

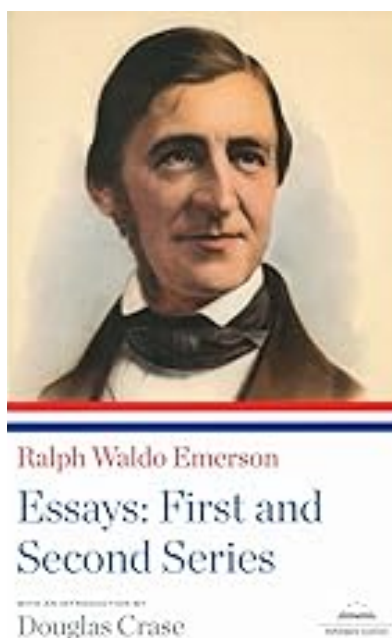
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|---|------------------------------|
| • Electronic Workbook | Centers for Spiritual Living |
| • The Science of Mind | Ernest Holmes |
| • Emerson's Essays | Ralph Waldo Emerson |
| • Scientific Christian Mental Practice | Emma Curtis Hopkins |
| • The Edinburgh and Dore Lectures on Mental Science | Thomas Troward |



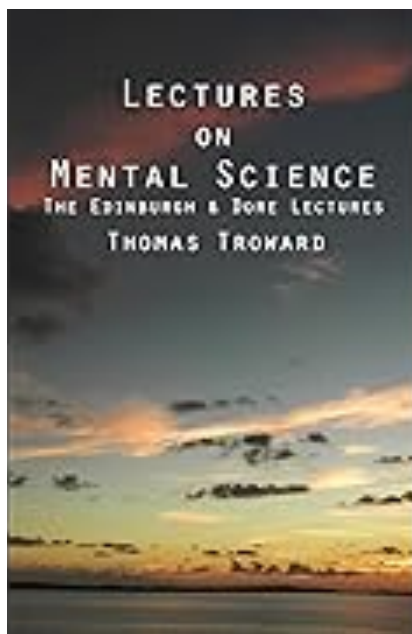
Roots of the Science of Mind Class

January 25 – March 28

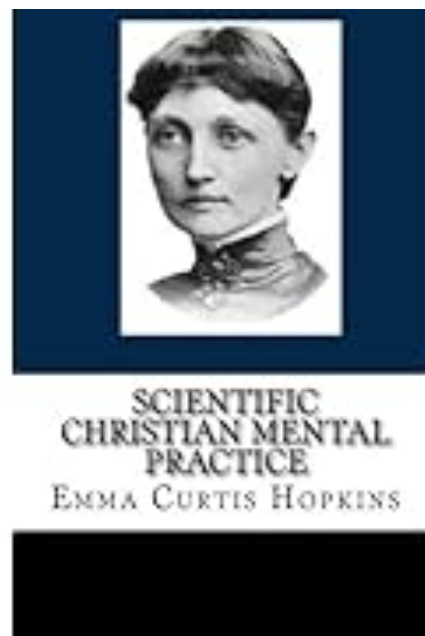
Thursday evenings, 6:00 – 8:30



\$15.00



\$15.00



\$15.00

This class is a foundational requirement for metaphysicians seeking a greater understanding of the ideas presented in *The Science of Mind*. We will study selected writings of these three giants of the early New Thought Movement in the sequence by which they impacted the life and work of the young Ernest Holmes: Ralph Waldo Emerson, the distinguished New England philosopher and essayist; Thomas Troward, an eminent British jurist and metaphysician; and Emma Curtis Hopkins, a greatly respected American teacher and mystic, often called the “teacher of teachers.”



Join Rev Lee for these exciting 10 weeks of exploration of these masters of metaphysics!

Registration: \$45.00

Tuition: \$200, due in first class or payments of \$50 per week, paid by class 4.

Books: \$45



The Art and Science of Spiritual Mind Treatment

Welcome to The Art and Science of Spiritual Mind Treatment. This course explores the principles and practices of Science of Mind with an emphasis on the use of daily Spiritual Mind Treatment. Combining the principles of Science of Mind and the practice of Spiritual Mind Treatment offers a dynamic training opportunity to engage in Intentional Manifestation, allowing healing, overcoming challenges and change in the conditions of our lives and the lives of others.

Module One: Getting Started

Module Two: Introduction to Spiritual Mind Treatment

Module Three: Overview of Spiritual Mind Treatment

Module Four: The Mystical Foundation of Spiritual Mind Treatment

Module Five: Declaring Your Good – Realizing Your Truth

Module Six: Making It Real

Module Seven: Accept and Let Go

Module Eight: Spiritual Mind Treatment as Spiritual Practice

Required Texts

Course references are from the following ISBN numbered books:

- Electronic Student Workbook, Centers for Spiritual Living
- 5 Steps to Freedom: An Introduction to Spiritual Mind Treatment. Waterhouse, John B. ISBN-13: 978-0875168425
- The Science of Mind. Holmes, Ernest. 1938 edition ISBN-13: 9780874779219
- Treat Yourself to Life. Barker, Raymond C. ISBN-13: 978-0875167008



Self-Mastery

Welcome to Self-Mastery: Emergence of the True Self. You are created whole, perfect and complete. As you move through life's experiences you can begin to veil that wholeness and lose some sense of your true self. This course is designed to take a closer look at your relationships, your sense of self-esteem, change, aging and death as they relate to your whole self. By the end of this course, you will have greater insight into your true nature as you unveil anything that may get in the way of your Self-Mastery.

Module One: Getting Our Bearings

Module Two: Elements of Our Inner Being

Module Three: Wholeness

Module Four: Healthy Relationships

Module Five: Self-Esteem as Empowerment

Module Six: The Eternal Now

Module Seven: The Power of Faith and Commitment

Module Eight: Summing Up

Required Texts

Course references are from the following ISBN numbered books:

- Electronic Student Workbook
- Science of Mind Textbook, Tarcher-Penquin, Holmes, Ernest ISBN-13: 978-0874779219
- Living the Science of Mind, Tarcher-Penquin, Holmes, Ernest ISBN-13: 978-0875166278
- Recommended Texts: The Mastery of Self: A Toltec Guide, Ruiz, Jr., don Miguel



Spiritual Economics

This course is not training in basic economics. Rather, it is an exploration of our conscious and unconscious beliefs, thoughts and words about financial prosperity and our relationship to God and money — and the lifestyle money provides.

During these eight weeks, we examine our current prosperity perspective and make choices toward a new perspective and a new life of prosperity and gratitude.

Course Objectives:

An introduction to a new concept and definition of prosperity. Students will possess a greater understanding of the basic metaphysical principles which govern our financial wellness and will learn how to apply them in their own lives to heal any limitation which may exist.

Specific objectives include:

- Understand prosperity is achieved by our beliefs, thoughts, words and actions.
- To know that there is no lack of anything in the universe.
- To accept that abundance is there for the asking and receiving.
- Teach students self-responsibility for creating wealth and the effective use of Law.
- Understanding of the right relationship between the self and God
- Take a fresh look at careers and define success.
- Empower students to overcome financial adversity.
- Learn and practice proven techniques, including Spiritual Mind Treatment.
- Understand how to have a healthy relationship with money.
- Understand the power of giving.
- Create habits to continue applying prosperity principles in their lives

Required text:

- Spiritual Economics by Eric Butterworth.